

## How is the Muslim faith expressed through family life?

### What I will learn (sticky knowledge)

- Families are considered to be at the heart of every Muslim community.
- Family life was created by Allah to keep society together and Muslims are encouraged to follow the example of the Prophet Muhammad, who was married and raised a family.
- Many Muslims believe that family life is the foundation of human society providing a secure, healthy and nurturing environment for parents and growing children.
- The family unit should encourage the individual to see themselves as part of a wider community and should discourage anti-social behaviour.

### What I should already know

- Muslims believe that there is only one God - Allah.
- The Muslim holy book is called the Qur'an.
- Muslims believe that the Qur'an is a record of the exact words that Allah said.

### What I will learn next

- In year 7 you will explore the diverse ways in which people practice their beliefs.
- You will investigate the impact of religious belief and teachings on individuals, communities and societies.

### Ramadan

- Ramadan** is the ninth month of the Islamic calendar. The exact dates of **Ramadan** change every year. This is because Islam uses a calendar based on the cycles of the Moon.
- During the month of **Ramadan**, Muslims won't eat or drink during the hours of daylight. This is called fasting.
- Ramadan** remembers the month the Qur'an (the Muslim holy book) was first revealed to the Prophet Muhammad. The actual night that the Qur'an was revealed is a night known as **Lailat ul-Qadr** ('The Night of Power').

### Eid ul-Fitr

- The end of Ramadan is marked by a big celebration called '**Eid ul-Fitr**' (the Festival of the Breaking of the Fast).
- Muslims are not only celebrating the end of fasting, but thanking Allah for the strength he gave them throughout the previous month.
- Mosques hold special services and a special meal is eaten during daytime (the first daytime meal for a month).
- During **Eid ul-Fitr** Muslims dress in their finest clothes, give gifts to children and spend time with their friends and family. Muslims will also give money to charity at Eid.

### Key Vocabulary and definitions

|                      |  |
|----------------------|--|
| <b>5 Fingers</b>     | Islam, Muslims, Qur'an, Arabic, Mosque   |
| <b>Ramadan</b>       | Ramadan is the ninth month of the Islamic calendar, when Muslims fast during daylight hours.   |
| <b>Eid (al-Fitr)</b> | This festival marks the end of Ramadan (the Muslim holy month of fasting). It is a time of official receptions and parties, when friends meet each other, presents are given, new clothes worn and graves of relatives are visited. Large feasts help Muslims celebrate. |
| <b>Halal</b>         | Meaning permissible or lawful. Refers to an animal or its meat slaughtered or prepared in the manner prescribed by Islamic law.  |
| <b>Haram</b>         | Refers to any act that is forbidden by Allah. Muslims believe that these define the morality of human action.  |
| <b>Madrasah</b>      | A school or college, especially a school attached to a mosque where young men study theology.  |
| <b>Ummah</b>         | Arabic word meaning 'community'. Refers to the whole of Islam, each member bound to all the others by the special religious ties from which they find meaning.   |
| <b>Akhlaq</b>        | Refers to the ethics, good conduct and moral character of a person. 'The only reason why I am sent is to perfect good Akhlaq.'   |
| <b>Islamophobia</b>  | Fear, hatred of or prejudice against the Islamic religion or Muslims generally.  |