

Headstart will offer your CHILD a chance to:-

- Play with a wide range of toys and equipment.
- Develop their social skills, confidence and self esteem.
- Socialise with other children
- Learn new songs and rhymes.
- Have fun!!

Headstart will offer YOU a chance to:-

- Play with your child.
- Meet other parents and careers.
- Learn new ideas about things you might like to do at home with your child.
- Get advice and guidance around our child's development.



Starting Well Children's Centres offer services for families with children aged 0-19.

To discover more information about groups or any of our other services please contact your local Children's Centre or visit www.startingwell.org.uk



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Headstart to School



What is Headstart to School?

Headstart to school is led by an Early Years Worker from your local Children's Centre, in partnership with local schools and nurseries.

It is based around the Early Years Foundation Stage (EYFS) and will support your child in becoming ready for school.

The sessions are carefully planned to show your child what they can look forward to in school and will give you the opportunity to find out more about the EYFS and how certain activities will support the development of future skills.

Important

We ask that you do not use your mobile phone within the session to make calls or photo-



calls take

What to expect:

Head Start to School will offer you and your child the opportunity to:-

- take part in activities that are developed around your child's interest.
- talk about play and share ideas
- get new and simple play ideas to practice at home
- learn new songs, rhymes and stories

Find out what else is available for you and your family to attend through the local Children's Centre.

Each session starts with Welcome Time which is important for your child so they feel a sense of belonging in the group.

This is also a good opportunity for the Early Years Worker to talk about the activities in the session and explain why they have been carefully chosen.

Characteristics of Effective Learning

During Headstart you will be able to see your child develop as they begin to explore and experiment with the world around them. This will enable them to become life long learners.

Playing and exploring

- Your child will delight in playing with what they already know and they will begin to develop a 'can do' attitude when exploring new items

Active play

- Your child will enjoy achieving what they set out to do as they become more involved in activities and increased concentration will allow them to keep on trying

Creating and thinking critically

- Your child will begin to have their own ideas and they will make links to help them to choose ways to do things