

# Willow Wood Community Primary School School Council Thursday 7<sup>th</sup> January 2016 1.05pm – Community Room in Sunshine Building

# 1. Welcome and Attendance

Year 1: Ellie-Mae, Freya, Dylan, Brandon Year 2: Louise, Christopher Year 3: Jaidon, Lily Year 4: Caitlyn, Rylee Year 5: Natasha, Thomas Year 6: Chiara, Kyle, Megan

Members of staff: Ms Tomlinson, Mrs Yates & Mrs Langwine Visitors: Change4Life Reps – Lewis & Caitlin Mrs Grigg & Mrs Capper

## 2. Minutes & Matters Arising

Attendance reward dates need to be agreed. Ideas for spending money raised by the Christmas Fair need to be gathered.

# 3. Working with Mrs Grigg, Mrs Capper and Change4Life Team on being a healthy school

Lewis and Caitlin reported on the work of Change4Life (C4L) team in school and that they now want to grow that work to have more impact in school. C4L is about keeping fit & healthy, the club is run by Y5 for Y3 pupils and it runs for 20 weeks. It aims to encourage children to get more involved in activities and school sports and to try new healthy foods.

Two members of the School Council reported that the club had helped them to go on and join after school clubs, play in the school netball team and try different fruits.

The C4L team have also led an assembly on good lunch boxes and bad lunch boxes.

Sports Councillors in KS2 are leading a participation challenge about being more active.

Ideas from the meeting included: Providing a bike track. Providing a running track. Offer fruit at break. Offer a salad bar at lunchtime. Increase Wake & Shake. Handball Club. Fruit Kebab Club. All pupils and staff bring fruit to school for snack for a week. Have a Sporty Day. Create a healthy lifestyles display. Welly Walks. Increase participation in activities out of school as well as in school. Play more at home. Involve parents and carers. Have a Healthy & Active page on the website – look at it at 3pm and invite parents & carers in.

Ms Tomlinson thanked the C4L reps, Mrs Grigg and Mrs Capper for leading this work in school.

It was decided to make two teams that would meet and decide on some key actions to work on this term and next term.

Lunch Box Team – to meet with Mrs Grigg Caitlyn Rylee Brandon Mrs Lee Megan Natasha Lily Dillon Freya Active Team – to meet with Mrs Capper Thomas Kyle Chiara Caitlin A Lewis D Ellie-Mae Jamie Louise Christopher

These teams will meet and decide on what they want to work on first. They will report back to the School Council on THURSDAY 4 Feb.

### 4. AOB

There was no other business on this occasion.

The meeting closed at 2pm.

### 5. Date of Next Meeting

### Next meeting: Friday 22 January at 1:05pm in the Community Room in the Sunshine Building

