

Rights and Responsibilities

What I should already know

- I can talk about growing and changing and new opportunities and responsibilities that increasing independence brings.
- I can give some examples of how I look after myself and my environment - at school or at home.

What I will learn (Sticky knowledge)

- I can explain how to create a happy classroom environment.
- I can explain strategies for dealing with impulsive behaviour.
- I can identify special people in my community who help me and keep me safe.
- I can identify what I like about our school environment, any possible problems and suggestions for them.
- I understand that people have choices when using their money and that people can save money for a later date.
- I recognise that money can be spent on essentials and non-essentials and know why and how money is saved.
- can identify things that may worry me online and how I can deal with these feelings and situations.

Key questions

Cooperation and Self-Regulation

What can help you to feel calm and settled at home?

How does it help?

What can help you to feel calm and settled in the classroom?

How does it help?

Can you help other people to feel calm and settled in class? How?

Why is it important to feel calm and settled?

What I will learn next

They can make judgements and decisions and can list some ways of resisting negative peer pressure around issues affecting their health and wellbeing.

They can identify and explain how to manage the risks in different familiar situations (for example discussing issues connected to personal safety).

Key Vocabulary

Asking for help	To go to someone when you are having trouble with a situation.
Calm	To be peaceful not excited.
Control	To hold back.
Erupt	To burst out suddenly.
Feelings	An emotion.
Listen	To pay attention using your ears.
School	A place for teaching and learning.
Share	To give to others.
Unsettled	Upset, shaken up or disturbed.

