

Me and My Relationships

What I should already know

- I can name some different feelings and explain how they might make me behave.
- I can think of some different ways of dealing with 'not so good' feelings.
- I know when I need help and who to go to for help.
- I can tell you some different classroom rules.
- I can say ways in which people are similar as well as different.
- I can say why things sometimes seem unfair, even if they are not.



Each of us can make our classroom a happy place to be.

- Be kind
- Smile
- We can listen to adults and each other
- Help tidy up
- Do our best
- Encourage each other
- We can share
- We can make everyone welcome
- We can be friendly

What I will learn (Sticky knowledge)

- What we need to make our classroom a good place to learn.
- That people have lots of different ways to show how they are feeling—I will also learn helpful ways to respond to how people are feeling.
- I will learn some words that describe people's feelings.
- I will understand the difference between bullying and teasing.
- There are different kinds of bullying
- I will learn how to deal with bullying if it happens.
- I will know some of the good ways that friends can care for one another.
- I will know some ways to help, if someone isn't feeling happy.



What I will learn next

- How to accept the views of others
- How to make up with a friend when I have fallen out with them
- I can talk about respect and tolerance in my classroom
- I can say what makes a situation less risky or not risky at all
- I can say how to be safe online

Key Vocabulary

Scared	To be afraid of something
Worried	To feel a bit scared of something that might happen— <i>Mr Bell is worried that the rest of the hair on his head will blow away.</i>
Surprised	Amazed at something you didn't expect.
Angry	A type of feeling— <i>The boy was angry because his friend had called him names.</i>
Nervous	Another type of feeling—a little like being worried. <i>I was nervous because it was my first day at school with my new teacher.</i>
Excited	This is usually a good feeling, when you are looking forward to something— <i>I am excited because it is my birthday this week.</i>
Bored	Feeling tired or fed up because you are doing something that isn't interesting.
Bullying	Deliberately hurting or making someone upset more than once.
Teasing	To make fun of someone.
Encourage	To help someone by saying kind words.

