

What I should already know

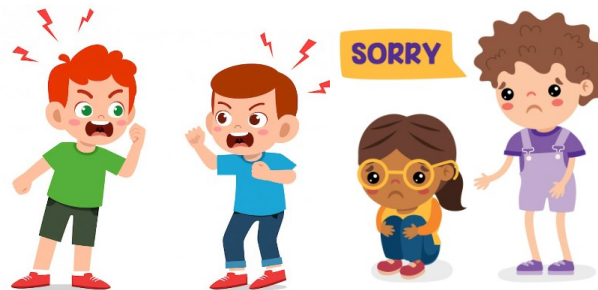
- I know I can tell you some ways that I can get help, if I am being bullied and what I can do if someone teases me.
- I know how to suggest rules that will help to keep us happy and friendly and what will help me keep to these rules.
- I know I can also tell you about some classroom rules we have made together.
- I know lots of ideas about being what makes a good friend and also tell you how I try to be a good friend.

What I will learn (Sticky knowledge)

- I can usually accept the views of others and understand that we don't always agree with each other.
- I can give you lots of ideas about what I do to be a good friend and tell you some different ideas for how I make up with a friend if we've fallen out.

What I will learn next

- I will give a range of examples of our emotional needs and explain why they are important.
- I will explain why these qualities are important. I can give a few examples of how to stand up for myself and say when I might need to use assertiveness skills.
- I will be able to give a lot of examples of how I can tell a person is feeling worried just by their body language.
- I will be able to say what I could do if someone was upsetting me or if I was being bullied.



Key Vocabulary

Apologise	To say that you are sorry for something you have done.
Arguments	An angry discussion where people disagree strongly.
Calm	To feel still and relaxed.
Disagree	To have a different opinion.
Disputes	A thing that people do not agree on or to question if something is true or not.
Falling Out	To not be friends after an argument.
Feelings	A range of emotions we feel e.g. Joy, anger, sadness.
Friendship	To be a friend with one or many people.
Listening	To pay attention when someone is speaking.
Opinions	What you think of something or someone.
Persuade	To make someone believe something using reasoning or arguing.
Respect	To give honor to someone or something.
Responsibility	Doing something you are supposed to do and accepting the consequences.
Special People	People who are important in our lives and those who keep us safe.