



PE – Dance

KNOWLEDGE ORGANISER

Year 5/6 Autumn Term 2

How can I express myself through dance?

What I should already know

- I can confidently **improvise** with a partner or on my own.
- I can begin to create longer dance sequences in a larger group.
- I can demonstrate precision and some control in response to **stimuli**.
- I can begin to vary dynamics and develop actions and **motifs**.
- I can demonstrate rhythm and spatial awareness.
- I can modify parts of a sequence as a result of self-evaluation.
- I can use simple dance vocabulary to compare and improve work.
- To evaluate own and others' work.

The stimulus

Using the **movements** and **motifs** from both your teacher and your peers, you will be performing a dance routine based on our geography topic, North and Central America.

You will be using a range of **movement** patterns and styles from North America.

Key Vocabulary and definitions

movements	the act or process of moving especially change of place or position or posture.
motifs	a single movement or a short phrase of movement
flexibility	range of motion in a joint or group of joints
techniques	basis of all fundamentals of dance, from holding your body correctly while performing, to executing skills properly in a routine
fluent	moving with ease and grace
potential	having or showing the capacity to develop
improvises	create and perform spontaneously or without preparation
complex	consisting of many different and connected parts.
stimulus	A starting point; something that causes an action or response.

What I will learn (sticky knowledge)

- Exaggerate dance **movements** and motifs using expression when moving
- Perform with confidence, using a range of **movement** patterns.
- Demonstrate a strong imagination when creating own dance sequences and **motifs**.
- Demonstrate strong **movements** throughout a dance sequence.
- Combine **flexibility, techniques** and movements to create a **fluent** sequence.
- Move appropriately and with the required style in relation to the **stimulus**.
- Beginning to show a change of pace and timing in their **movements**.
- Is able to move to the beat accurately in dance sequences.
- **Improvise** with confidence, still demonstrating **fluency** across their sequence.
- Dance with **fluency**, linking all **movements** and ensuring they flow.
- Demonstrate consistent precision when performing dance sequences.
- Modify parts of a sequence as a result of self and peer evaluation.